

Full Report (All Nutrients) 45172140, BIG Y, GLAZED DONUTS, UPC: 018894461708

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Big Y Foods, Inc.

Nutrient	Unit	Data points	Std. Error	1 DOUNT 79g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	330	418
Protein	g	--	--	4.00	5.06
Total lipid (fat)	g	--	--	18.00	22.78
Carbohydrate, by difference	g	--	--	38.00	48.10
Fiber, total dietary	g	--	--	1.0	1.3
Sugars, total	g	--	--	14.00	17.72
Minerals					
Calcium, Ca	mg	--	--	40	51
Iron, Fe	mg	--	--	1.44	1.82
Sodium, Na	mg	--	--	270	342
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	8.003	10.130
Fatty acids, total monounsaturated	g	--	--	5.996	7.590
Fatty acids, total polyunsaturated	g	--	--	3.002	3.800
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

ENRICHED FLOUR (BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE

SHORTENING (PALM OIL, FRACTIONATED PALM OIL, TBHQ (PRESERVATIVE), DIMETHYLPOLYSILOXANE), DEFATTED SOY FLOUR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: PALM OIL, VEGETABLE SHORTENING (SOYBEAN OIL, GLYCERYL-LACTO ESTERS OF FATTY ACIDS, MONO- AND DIGLYCERIDES, TBHQ (PRESERVATIVE)), VEGETABLE SHORTENING (PALM OIL, FRACTIONATED PALM OIL), YEAST, SOYBEAN OIL, DEXTROSE, WHEAT FLOUR, CORN STARCH, MONO- AND DIGLYCERIDES, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, GUAR GUM, INACTIVE YEAST, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, WHEAT STARCH, ENZYMES, CALCIUM CARBONATE, CALCIUM SULFATE, CALCIUM PROPIONATE (PRESERVATIVE), AMMONIUM SULFATE, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, AGAR-AGAR, CORN SYRUP SOLIDS, NONFAT MILK, ANNATTO EXTRACT COLOR, TURMERIC OLEORESIN COLOR, EGGS, MODIFIED CELLULOSE GUM, SILICON DIOXIDE. *Date Available:* 10/08/2016 *Date Last Updated by Company:* 10/08/2016